



[www.carolinesjegers.com](http://www.carolinesjegers.com)



*Caroline S'Jegers*

VISIONARY DJ, MENTOR & POET  
WEAVING STORIES OF REMEMBRANCE

MEDIA KIT



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# Hi, I'm Caroline!

## ABOUT ME (SHORT BIO)

Caroline S'Jegers is a visionary DJ, soulful poet and mentor - weaving sound, movement, and storytelling into deep ceremonial journeys. As Europe's first female Ecstatic Dance DJ, she has pioneered conscious dance spaces, guided artists, and supported women in reclaiming their creative expression and voice. Her debut album, *Birthing a Forest*, honors the rhythms of life, nature, and soul. Through DJ sets, training, spoken word, immersive retreats, and 1:1 mentorship journeys, she invites people to remember who they truly are—one heartbeat, one breath, one dance at a time.



Caroline's muses: deepening, expressing, connecting & remembering.

**Together, we can weave a new tapestry of community.**





## ABOUT ME (LONG BIO) - 1

What if dance could be a threshold—an invitation to remember? What if music, woven from both sound and silence, could carry us across unseen landscapes, where we step into our own stories, shaping them with every breath, gesture, and word?

More than a decade ago, Caroline S'Jegers took a leap—without knowing where it would lead. What began as a deep longing to merge music, movement, and poetry turned into a path she never could have predicted. She didn't set out to be the first female Ecstatic Dance DJ in Europe. She simply followed the call.

Her journey has been one of learning to trust her voice and step into visibility—not as a performer, but as a witness to what moves through and as an active participant in community. In a world that often favors the linear, her own raw path has included facing the fears of being truly seen and listening beyond external expectations. Now, she supports others in crossing their creative thresholds—into renewal, celebration, and the deep knowing that has always lived within them.

Caroline moves at the intersection of music, movement, and poetry, creating spaces where expression becomes an act of remembrance. Over the years, she has helped shape the conscious dance movement, co-founding Ecstatic Dance Belgium, playing a role in the early days of Ecstatic Dance Amsterdam, and co-leading Europe's first Ecstatic Dance leadership training, inspiring communities across the world.



## ABOUT ME (LONG BIO) - 2

Blending her background in anthropology, movement, and ceremony, she offers workshops, gentle guidance, and heartfelt conversations that explore the cyclical nature of creativity. Through DJ sets, Poetry in Motion concerts, trainings, and retreats, she weaves music and movement into shared experiences of connection. She returns dance to the land, offering movement as an act of reciprocity—rooted in the ever-turning dance of life.

Caroline is the creator of Birthing a Forest, an album interweaving organic rhythms and poetry, a testament to the unfolding cycles of creation. A speaker and guide in feminine leadership and creative expression, she shares insights from her own journey—honoring the path of the artist, the mother, and the listener.

A poetess in motion and keeper of melody, Caroline moves with intention—one heartbeat, one breath, one dance at a time.

"So may we remember – again and again  
Who we are and where we come from  
Sense, listen, give voice  
To the one within who truly knows."



# Client Testimonials

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Touched, seen, moved.

Music and poetry interwoven into something timeless.  
Caroline's work reaches the soul's deepest places,  
allowing emotion to flow freely,  
connecting generations past and present,  
and holding a beauty that is simply unforgettable.

*Wim*

“

I call back home, lost pieces of my essence, I call  
back my lost pieces, into peace... It was magical!

*Hanne*

“

Believe Her, for she is here to weave dreams into  
reality... Thank you, dear Caroline, for guiding us to  
our essence, to the reason we are here

*Hanna*

## VISIONARY DJ & CEREMONY LEADER

- ✓ Through years of dedication and practice, Caroline has connected with communities around the world, guiding countless dances, ceremonies, and gatherings. Her work is a testament to the power of movement and storytelling to foster unity and transformation.



- ✓ Caroline has guided countless threshold ceremonies on dance floors and in brave spaces, weaving together movement, sound, and poetic intention to honor transitions and transformations in life's journey.
- ✓ Caroline's journey has taken her to many beautiful and diverse places. She has shared her soundscapes in cities like Amsterdam, Berlin, and Paris, as well as in lush forested settings such as in Mexico. She also worked in Oakland during a teacher training and took the very first Ecstatic Dance training there. Her main focus remains on returning to the land and the organic flow, fostering a deeper connection to the earth and the knowing within.

DJ'ED & GUIDED OVER 1K DANCES

ONLINE SETS

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Ecstatic Dance Holland Festival

Ecstatic Dance Corfu



## SOULFUL POET

- ✓ For many years, audiences have described the profound depth of Caroline's voice as an immediate gateway to remembrance. This inspired her to begin weaving poetry through her DJ sets, creating unique soundscapes that merge music and spoken word in profound ceremonies.



- ✓ Birthing a Forest is Caroline's debut album, created in collaboration with 13 remarkable musicians and featuring 13 songs—one for each phase of the moon. This work weaves together her love for natural cycles, storytelling, and community into a musical offering that celebrates the beauty of rhythm and poetry.

ALBUM 1,6K MONTHLY  
SPOTIFY LISTENERS



## FEMININE MENTORING

- ✓ Following the rhythms of the seasons, Caroline and her husband, a food forest designer, have long embraced the cycles of the moon and the natural world. While living in a permaculture community, they welcomed their two sons through free birth. Now, they are building a life that aligns with their shared vision of deepening the connection between people and the earth.



- ✓ Caroline offers a unique approach to mentoring, drawing on her deep connection to feminine wisdom, life cycles, and embodied leadership. Her guidance invites women to explore their inner worlds, rediscover their creative flow, and lead from a place of intuition and authenticity. Through one-on-one sessions and intimate workshops, Caroline creates a safe, nurturing space for women to embrace their full power, navigate life's transitions, and step into their true potential.



# The Podcast



@WEAVINGCIRCLES

Weaving Circles is a soulful podcast by Caroline S'Jegers—visionary DJ, poet, and ceremony weaver. In each episode, she invites artists, visionaries, and edge-walkers into honest conversation around creativity, embodiment, and remembrance. Rooted in cyclical wisdom and personal truth, Weaving Circles offers a space to slow down, listen deeply, and reconnect with the stories that live within us.



# Online offerings



Caroline's online work bridges the digital and embodied realms, bringing her poetic presence to a global audience through curated workshops, 1:1 sessions, and immersive journeys. Designed for artists, leaders, and creatives navigating transition or seeking deeper alignment, her offerings create intentional space for inner clarity, creative expression, and personal transformation—from the comfort of home.



# Her work

CAROLINESJEGERS.COM

Caroline is available for:

🎵 DJ & Sound Journeys – Crafting immersive, ceremonial dance experiences that invite deep presence and embodied expression.

🖋️ Poetry & Spoken Word – Offering live performances and bespoke poetic commissions for gatherings, ceremonies, and personal milestones.

🗣️ Speaking Engagements – Sharing reflections on music, movement, motherhood, and the art of remembrance.

🌀 Workshops, Retreats & Mentoring – Supporting artists and creatives in finding their voice, deepening their craft, and creating from within.

She collaborates with conscious festivals, retreat spaces, and visionary projects that align with her view of sound and story as vessels for transformation and connection.



## The Sound She Carries



*Remember*  
Return to what's  
always lived within you.

*Deepen*  
Root into each moment.

*Connect*  
Allow for your expression to pour out.



*Express*  
Weave your story  
into the fabric of life.



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## WHO I WORK WITH

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Caroline collaborates with conscious festivals, retreat spaces, women-led initiatives, creative projects, and individuals in transition who are drawn to embodied expression, poetic depth, and cyclical ways of creating.

## WHAT YOU CAN EXPECT

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Whether offering a sound journey, poetic performance, keynote talk, or in-depth workshop—Caroline brings her full presence to collaborations rooted in intention, beauty, and impact.



Caroline

## GET IN TOUCH

For **bookings and performance inquiries**, please contact my agent Anjali, who handles all scheduling with care and clarity.

 [anjali@togetherwerise.de](mailto:anjali@togetherwerise.de)

For **collaborations, 1:1 sessions and personal messages**, you're welcome to reach out to me directly.

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