



CAROLINE S'JEGERS

ARTIST • DJ • STORYTELLER •
COMMUNITY BUILDER • WRITER



BELGIUM / SPAIN (CET)

Experienced in authentic communication, creative direction, and community-building, with a focus on weaving the feminine into leadership and collective spaces. For more than a decade, I have been part of pioneering a global movement of dance, ceremony, and storytelling, guiding events, retreats, and trainings with international participants. Known for shaping narratives that inspire, holding a clear vision, and guiding projects with presence, clarity, and feminine depth.

CONTACT



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EDUCATION

BACHELOR IN PSYCHOLOGY

2000 – 2005

KU Leuven & Lessius Hogeschool, Belgium

MASTER IN ANTHROPOLOGY

2005 – 2009

Leiden University, The Netherlands

For a full overview of selected trainings and embodied studies, see Page 2

PERSONAL

- Mother of two sons
- Living between Belgium and Spain (remote, CET)
- Rooted in nature, community, and feminine cycles
- Values clarity, rhythm, and relational integrity in collaboration
- Comfortable in digital spaces and growing confidence on camera
- Human Design: 5/1 Emotional Generator
- Astrology: Virgo sun, Gemini rising, Sagittarius moon

EXPERIENCE

RESEARCH & IMMERSION - HEALING DANCE & TEMPLE ARTS

2005 – 2013

- MA research on dance and her healing aspects in India and beyond.
- Traveled internationally to study temple arts, ritual, and embodiment.

PHOTOGRAPHER & JOURNALIST

Change Magazine, Luck Magazine, and more

2007 – 2012

- Freelance writer and photographer for cultural platforms.
- Specialized in storytelling through word and image.

CO-FOUNDER, ORGANISER, CEREMONY LEADER & DJ

Ecstatic Dance Belgium / Heart of the Dance (NL)

2014 – present

- Helped pioneer Ecstatic Dance in Europe.
- Guided hundreds of events, retreats, workshops, and trainings across Belgium, the Netherlands, the US, and internationally.
- Welcomed over 100,000 participants worldwide.
- Focus on communication, community building, and creative direction.

ARTIST - SPOKEN WORD & COLLABORATION

2014 – present

- Released spoken-word album "Birthing a Forest" (2024).
- Works with international manager Anjali (Together We Rise Bookings).
- Performs and facilitates at festivals, retreats, and gatherings across Europe, the US, and beyond

SELECTED TRAININGS & LINEAGE

- Marketing training Belgium & Money School Woven Women The Netherlands
- Priestess of the New Era – Maancirkel, Belgium
- Healing Arts of Belly Dance – Rosina-Fawzia Al-Rawi, Vienna
- Gestalt Awareness Practice – dreamwork & symbolism
- Dance & embodiment trainings across Europe, India & US (contemporary, contact improvisation, 5Rhythms, Soul Motion, Movement Medicine, Open Floor, belly dance, feminine embodiment)

FESTIVAL INVITATIONS & INTERNATIONAL WORK

- Inanna Festival (The Netherlands) – guardian, space holder & performer
- Matriarchy for the Future (The Netherlands) – performer & space holder
- Ecstatic Dance Festival Holland – invited DJ & facilitator
- Ecstatic Dance Festival Corfu – invited DJ & space holder
- Ecstatic Dance France – invited DJ & facilitator
- Conscious Facilitation & Leadership Trainings (Oakland & Amsterdam) – co-teacher & organiser
- Dancing in Her Flames – constellation & dream work with Faranak Mirjalili (Anima Mundi School, 2016–2018)
- ...and many other international gatherings across Europe, Mexico, India and the US

SKILLS & STRENGTHS

- Storytelling & communication – writing, poetry, photography, podcasts, social media
- Creative direction & vision holding – shaping narratives and projects with clarity
- Event & retreat organization – design, facilitation, community hosting
- Trauma-informed and culturally sensitive work – experience working with survivors of war, displacement, and human trafficking in community and creative contexts
- Collaborative leadership – co-creation with teams, artists, managers, networks
- Embodied & symbolic tools – Astrology, Human Design, dreamwork, ritual, constellation work
- Cross-cultural experience – anthropology, gender studies, international fieldwork, and embodied research



*"So let us not forget
Who we are and where we come from
For we are learning to turn the tides"*
Caroline S'Jegers